



The Five Love Languages "Would You Rather" Interview

Take the time to engage in a game-inspired conversation with a young person in your Life. Read on to learn how to use their preferred Love Language this Valentine's Day!



Ask these questions and then tally up the responses' corresponding letters on page 2. Here you'll also find additional ideas to implement beyond Valentine's Day!

1. Would you rather get a hug (A) or hear, "You rock!" (B)
2. Would you rather earn a prize from the treasure box (C) or have time to do a fun project? (D)
3. Would you rather hear, "Your brain is amazing!" (B) or "What's on your birthday wish list?" (C)
4. Would you rather go to a jumpy-gym (E) or cuddle up together and...read, watch a movie, etc.? (A)
5. Would you rather that a loved one bakes you your favorite cake (D) or that you custom order a cake together at the store? (E)
6. Would you rather hear, "I love you!" (B) or receive a smooch? (A)
7. Would you rather play a game with loved ones (D) or be surprised by a new gift? (C)
8. Would you rather watch a TV show together (E) or play hide-and-seek & freeze tag? (A)
9. Would you rather your parent hosts a playdate at our house (D) or would you want to hang at your favorite restaurant (E)?
10. Would you rather hear, "You're an amazing little person!" (B) or enjoy a family pile-up of loves, tackles, and shenanigans? (A)
11. Would you rather hear, "I'm proud of you!" (B) or open your bedroom door to find a surprise on your bed? (C)
12. Would you rather I check your homework for you? (D) or that I help you complete your homework? (E)
13. Would you rather be surprised by your favorite take out (C) or get a back rub/massage? (A)
14. Would you rather receive a surprise gift in the mail (C) or hear "Whoa! You're simply awesome!!" (B)
15. Would you rather I clean your room for you (D) or we turn it into a game and finish the job together? (E)
16. Would you rather I encourage you to finish a goal (B) or give you a pat on the back if you don't meet your goal? (A)
17. Would you rather I host a slumber party (D) or that you get to shop at your favorite store? (C)
18. Would you rather walk the dog with me (E) or have a 'sleepover' party in my bed tonight? (A)
19. Would you rather hear, "Of course I'll be there on time!" (D) or "Kiss that brain! You have an amazing noggin'!"? (B)
20. Would you rather hear, "I've got the best present for you!" (C) or "How about you plan what we do today!"? (E)

The **A** category show the need for **physical touch**. These people enjoy high-fives, hugs & kisses, snuggling, and other physical affection. Try an impromptu game of tag along with daily affirmative touch.

The **C** category encompasses **gifts**. Children love gifts, naturally, but adults too relish in the joy from receiving presents, surprises and other tangibles. Try coupling gifts with quality time, such as a crafting project to complete together.

The **B** category embodies **words of affirmation**. These people enjoy hearing others tell them exactly what was positive and how they are uniquely special. Make sure to cite specific examples of the behavior on a regular basis.

The **D** category represents **acts of service**. Here people enjoy when others do kind things for them, whether it being a ride to a store, assistance with a problem. So keep on cooking and cleaning, but try to make it special.

The **E** category demonstrates **quality time**. This language of love presents as playing games, shared mutual preferences, watching TV together (not simultaneous screen time), or going out to a special place together. Find the hobbies you both enjoy!

The highest score shows the primary love language, note that children and adults still experience love through all five categories.



Adapted from *The 5 Love Languages for Children*, 2012.

www.5lovelanguages.com

Total A ___ B ___ C ___ D ___ E ___

