## Road Trip Tips and Tricks for Kids of All Ages

Hello Summer vacation! With road trips on everyone's minds and schedules, here are a few ways to make the most out of the journey. Whether it's a plane, train, or automobile, kids of all ages benefit from meaningful interactions in this season of restoration and celebration.

#### IN THE CAR

- <u>Books</u>: try <u>listening</u> to your favorite book (or <u>movie!</u>) and hours zoom by while the whole car takes in the story. There's an added bonus of mealtime <u>conversation</u>. "What did the book mention that wasn't in the movie? Any foreshadowing?"
- <u>Music</u>: sing-along to your favorite musical or movie (via a Pandora channel) and let imaginations run wild. Hearing the local tunes, traffic, and accents is always exciting as the states change.
- Goodie bags and games: introduce the idea of time-sensitive treats. Load up goodie bags with puzzles, snacks, fidgets, mystery toys....sweets and treats! Choose a time to open each bag. On the hour? When you cross a state line? Read on for our Car Bingo that you cater to your trip...

#### AT A RESTAURANT

After a long ride, the much needed reprieve of a meal helps everyone reset. Did you know that most restaurants will bring the children's food out first, so adults can eat with satiated kiddos?

But while you wait...Try playing games at the table! Use spoons and forks to build a <u>Tic-Tac-Toe</u> board, and use different sugar packets as playing pieces.

Heard of <u>"Button Button</u>?" Have one person close their eyes and pass a small item around the table. Take turns trying to guess who has the "button." Get three tries before it's the next guessers turn!

### HOTEL, MOTEL, HOLIDAY INN?!

Now that you're checked in, don't check out on your smart device. Are there kid-friendly events at your location, like craft rooms? Also, does your...

- Campsite offer board games?
- Beach house have cushions for a fort?
- Hotel have a kitchen for an Iron Chef-style competition?
- Motel have beach or trail access?

What else can you bring??

- Bring popcorn and blankets for a movie night.
- Pack your favorites! Cards, dominoes, musical instruments...
- Remember conversations, try a Would-You-Rather questionnaire!
- Check out our <u>activities</u> section for more homemade vaca fun!

# Traveling Bingo

Fill your game board with a variety of Bingo answers that match your trip. Whether in the city or country, each region of the country (and world) has infinite ideas to capture the mind. And help pass the time!

- Signs: Stop sign, yield, curve, South of the Border...
- State names for when you cross them
- **Speed limits:** 25, 35, 45, 55, 65, 70 mph
- Breaks in the action: rest stop, restaurant brand, gas station, welcome center
- Trucks: size, number of axles/wheels. types, colors, a moving cement truck
- Animals: cows, sheep, goats, squirrels, dogs, birds, cats...

- Lights & sirens: police, ambulance,
- People: bicyclists, pedestrians,
- construction workers,
- Buildings: hospital, library, hotel,
- aquarium...
- Nature: trees, bushes, specific flowers
- Weather: cloud types, precipitation types,
  - wind, etc.
- Music: genres on the radio, commercials, DJ's, popular songs even!

# Road Trip Bingo

