

Sentimental Pillows and Pillowcases

Preserve memories with **repurposed clothing**. Those outgrown, but *too-sentimental-to-toss* kind of shirts and dresses can take on a second life... as a **pillow**! Sew a free form shape and stuff, or drape fabric over an existing pillow to fashion a **pillowcase**. These are cute enough to gift. So, bust out a sewing needle and make some new memories!

Materials

- ❑ Clothing items such as dresses, T-shirts, any fabric scraps
- ❑ Sewing machine OR needle and thread
- ❑ Willing sewers - instruct per your audience's age level
- ❑ Pillow filler and/OR a square or rectangular pre-existing pillow
- ❑ Sharp scissors

Want more?

- Create a cover for a nursing pillow.
- Sew a neck brace for a long car ride.
- Fashion miniature pillows for dolls and toys.
- Try making a "blanket" to match the mini-pillows.
- Sew newspaper and dog treats into a sturdy fabric as a treat for your furry friend!



Method

Pillowcase: Start with an old pillow lying around. Drape the **fabric** over the pillow and cut out the shape you need, adding an extra 1". Use the first piece as a **template** to cut out the second side of fabric.

Flip both pieces **inside out** and sew the **two** longer sides and **one** end together. With stretchy or jersey-like fabric, it helps to fold the fabric on itself (about 1/2") creating four layers of material with each sturdy stitch.

Once three sides are done, flip the case right-side out and **insert** the **pillow**. **Trim** extra material before sewing the **fourth** side shut. This is a very user-friendly sew job!

Freeform Pillows/Squishies:

Take any shape and connect in the same method as above. Use buttons, yarn, and extra cloth to make *animals*, **pillows**, and *squishy friends*!